

## UNIT EIGHT, TOPIC:HEALTHY FOOD



GENERAL STAGE GOALS		UNIT OBJECTIVES			
<b>G.A.</b> To know and appreciate their own body and contribute to their development, acquiring health and well-being habits, and valuing the consequences of certain health and life-quality behaviour.  <b>G.D.</b> To establish balanced, solidary relationships with other people		<b>O.1.</b> Understand oral and written texts related to food			
		<b>O.2.</b> Produce simple oral and written texts about food using the new vocabulary			
		<b>O.3.</b> Elaborate the new knowledge about food upon the previous knowledge			
ORAL AND WRITTEN COMMUNICATION					
CONCEPTS		PROCEDURES		ATTITUDES	
<b>a)Functions:</b>  <b>F.1.</b> Identifying food and drinks  <b>F.2.</b> Talking about food.  <b>b)Linguistics exponents:</b> have you got?, I don't like  I like, what is this? It is ...  <b>c)Vocabulary:</b> <b>V.1.</b> food <b>V.2.</b> colours, <b>V.3.</b> verbs,  <b>V.4.</b> size  <b>d)Pronunciation;PR.1</b> discriminating sounds and intonation patterns.		<b>P.1.</b> Relating meaning and words.		<b>A.1.</b> Appreciation of a good health and a balanced diet (you are what you eat).	
		<b>P.2.</b> Understanding global and specific information.		<b>A.2.</b> Raising consciousness about people who have no food.(famine in the world).	
		<b>P.3.</b> Inferring the meaning from the context.		<b>A.3.</b> Developing a positive attitude towards healthy habits related to food.	
		<b>P.4.</b> Comparing/establishing contrasts between different houses			
		<b>P.5.</b> Answering simple yes/no questions and Wh- questions about pictures			
		<b>P.6.</b> learning by doing (games, songs, actig out)			

SOCIOCULTURAL ASPECTS		
CONCEPTS	PROCEDURES	ATTITUDES
<p><b>C.1.</b>Food and drinks in English-speaking countries</p> <p><b>C.2.</b>Eating and drinking habits. life-styles related to food.</p> <p><b>C.3.</b> Popular British and American recipes.</p>	<p><b>P.1.</b> Recognition of different socio-cultural norms of English speaking countries</p> <p><b>P.2.</b> Use of authentic materials to obtain information.</p>	<p><b>A.1.</b>Raise interest and curiosity for different life styles and habits in English-speaking countries</p> <p><b>A.2.</b>Develop a sense of tolerance and respect for other habits and ways of life</p>
CROSS-CURRICULAR THEMES		INTERDISCIPLINARY TOPICS
<p><b>Health education:</b> tell the students the Importance of a healthy and balanced diet</p> <p><b>Consumer education:</b> tell of the students the importance to eat a variety of food.</p>		<p><b>Physical Education:</b> moving in action songs games.</p> <p><b>Music:</b> singing songs.</p> <p><b>Social studies:</b> where and how are some foods grown in Spain, Britain..</p> <p><b>Natural science:</b> types of food</p>
DIDACTIC MATERIALS		EXTRA-ACTIVITIES
Flashcards, posters, wallcharts, coursebook, colours pencil, board, cassette recorder/CD player, OHP, video		The fast-finishers will do a questionnaire (class survey) about their classmates.

LEARNING TASKS AND ACTIVITIES						
	NAME OF THE TASK	L/S/ R/W	GR	CONCEPTS	PROCEDURES	RESOURCES
FIRST LESSON	1. My shopping bag.	L/S	CW	F.1,2 V.1,2	P.1, 3	Authentic Material,
	2. Guess the food into the bag trough yes/no questions	L/S	CW	F.1,2 V.1,3 PR.1	P.3,6	Authentic Material.
	3. Colour and write the food's name	R/W	IW	F.1 V.1,2 PR.1	P.2,4	Photocopy
	4. The word box	R/W	IW	F.1,2 V.1,2,3	P.1,2,3	Photocopy
SECOND LESSON	5. Draw a line: match the food	R/W	IW	F.1 V.1,2	P.2,4,6	Photocopy
	6. Pizza bingo: cards with pictures of things that go on pizza	L/W	IW	F.1,2 V.1,2 PR.1	P.2,3,6	Sheet of paper
	7. Memory game: yesterday I went to the supermarket	L/S	CW	F.1,2 V.1,2 PR.1	P.3,6	Pupil's voices
	8. The fridge: what is there in the fridge?	L/S	CW	F.1,2 V.1,2 PR.1	P.3,6	A fridge
THIRD LESSON	9. Let's prepare our shopping list	L/S R/W	GW	F.1,2 V.1,2 PR.1	P.1,3	Sheet of paper
	10. Picture dictation: listen and draw	L/S	IW	F.1 V.1,2,3 PR.1	P.1,2,3	Colour pencils
	11. "Hungry Hippo"	R/W	PW	F.1,2 V.2 PR,1	P.1,2,5	Photocopy
	12. Listen and draw the faces	L/W	IW	F.1,2 V.1 PR.1.	P.1,2,3	Worksheet
FOURTH LESSON	13. Class survey: what do you have for breakfast?	L/S	CW	F.1,2 PR.1 V.1,2,3	P.1,2,3,6	Questionnaire
	14. Classify healthy and non- healthy	R/W	IW	F.1 V.1,2,3	P.1,2,3,6	Table
	15. Let's play: "happy families"	R/W	PW	F.1,2 V.1,2	P.1,5,6	Cards
	16. What do you like and dislike?	R/W	IW	F.1,2 V.1,3	P.1,2,	Sheet of paper

